



## Donna Redlick

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### Education/ Certifications/ Affiliations

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- 2022 Designated as a **Master Somatic Movement Educator and Therapist** with ISMETA
- 2022 **Infant Development Movement Educator (IDME)**, Movimiento Atlas (Spain) graduate, a **Body-Mind Centering® Program**
- 2015 **Registered Somatic Movement Educator and Therapist (R- MSME/T)** through International Somatic Movement Educators and Therapists Association (ISMETA)
- 2012 **MA in Dance Creative Practice (with distinction)**  
**Trinity Laban, in partnership with Independent Dance & Siobhan Davies Dance, London, UK**  
Degree officially awarded by City University of London  
Research focused on phenomenological approach to dance honing in on sensing in performance
- 2004 **Laban/ Bartenieff Movement Analysis Certification (CMA)**  
**Laban/ Bartenieff Institute of Movement Studies, hosted at York University, Toronto, Canada**  
Intensive Training in Laban Movement Studies and Bartenieff Fundamentals.  
Classes taught with a somatic approach to movement/ Director - Janet Kaylo
- 1991 **Diploma in Dance Teacher Training, Grant MacEwan Fine Arts College, Edmonton, Canada**  
a two-year diploma program involving technical training and pedagogical studies in dance.
- 1986 **BA (Sociology Major), University of Saskatchewan, Saskatoon, Saskatchewan, Canada**

### Seminar Presentations/ Reserach

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- 2017 **University of Regina**, Guest Lecturer for Theory and Seminar Series (Education Department)  
*"Embodied Geographies: Exploring Somatic-based Choreographic Processes in Relation to Space/ Place"*
- 2013 **University of Brockport**, Somatic Dance Conference - Guest Lecturer and Teacher  
*"Abandoning the Outline: Exploring Sensing to Folding between Inner and Outer"*
- 2013-2016 **"School of Interactive Arts & Technology, SFU (in partnership with Emily Carr University of Art and Design) "Moving Stories Project";**  
researcher and conference presenter, Laban/ Bartenieff applications.

### Awards/ Grants

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- 2011 Trinity Laban, London, England, recipient of bursary
- 2003 Canada Council, Professional Development Grant
- 2003 B.C. Arts Council, Professional Development Grant
- 1990 Edmonton Northlands Endowment, recipient of bursary
- 1990 Grant MacEwan Dance Program Award, recipient of scholarship

## Teaching/ Work Experience

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- 2021-2022 **University of British Columbia, Vancouver, BC**  
Adjunct Professor, Department of Theatre and Film, Movement for Actors - 3rd year students
- 2015-current **Moving Arts & Somatic Studies (founder and sole proprietor)**  
Somatic-based sessions, workshops and classes in: Movement Repatterning, Laban/ Bartenieff Studies, Developmental Movement, Somatic Dance, Composition and Improvisation.
- 2008-2017 **Laban/ Bartenieff and Somatic Studies International** (director Janet Kaylo)  
Core faculty: Vancouver Program 2008-2010 & Zagreb Program 2016-2017
- 1991- current **Shadbolt Centre for the Arts, Burnaby, BC**
- Dance Teacher: Contemporary technique, Dance Composition, and Somatic-based classes.
  - Founded Continuum Dance Company & worked as their artistic director for many years
  - worked with Youth in Motion Dance Company from 1995-2014
  - Professional Development Workshops in Dance Education and Dance Composition
  - Advisor to the Dance Programmer in regards to Dance Pedagogy and Dance Planning
- 2007 - current **Indepentent Professional Workshops at various locations:**  
Scotia Bank Dance Centre (Vancouver), SFU School of Interactive Arts and Technology (Surrey), Quest Universtiy (Sqaumish), University of Regina (Regina), Free Flow Dance (Saskatoon), Mount Royal College, (Calgary), University of Saskatchewan (Saskatoon).
- 2016 - 2022 **WestCoast Dance Movement Therapy (now The Movement Arc)**  
Guest teacher, Movement Analysis, Movement Observation, Somatics
- 2020 **Langley Fine Arts School/ Guest Workshop Teacher**  
Professional Development Workshop in Developmental Movement and applications to dance
- 2008 - 2017 **British Columbia Dance Educators Association:** Guest Workshop Teacher  
2017 - Kinesthetic Empathy and Dance, through Laban/ Bartenieff applications  
2016 - Laban Movement Concepts to support "Making Connections" in Dance  
2008 & 2010 - Integrating Laban Movement Concepts to support Dance Teaching
- 2015 **Simon Fraser University, School of Contemporary Arts, Sessional Instructor**  
Dance Improvisation and Composition, FPA 124, Spring Session
- 2015 **Burnaby School Board**, Professional Development Workshop  
Movement Literacy: Dance and Laban Movement Analysis
- 2011 **Moberly Arts Community Centre, Vancouver**, Senior's Dance Class
- 2009 **Roundhouse Community Arts and Recreation Centre**  
Guest teacher and choreographer with Roundhouse Community Dancers
- 2009 **Simon Fraser University, Dance Diploma Program, Education Department, Field Program**  
guest teacher, designed a 4 wk course entitled "*Sourcing Material for Student-Based Choreography*" based on Laban concepts in direct applications to dance
- 2005 & 2007 **Simon Fraser University, School for Contemporary Arts, Sessional Instructor**  
Dance Movement Analysis (FPA 426), Spring session 2005 and 2007
- 2004-2006 **Maindance Place**, Vancouver B.C, Dance Teacher and Mentor to 3rd year students
- Feb. 2005 **Burnaby School Board**, Dance Teacher Training Workshop, Laban-based
- 2003-2004 **The Integration Project**; artist in residence at Shadbolt Centre, Burnaby, B.C.
- 2003 **Dance Saskatchewan, Saskatoon, Sask.**, Contemporary Dance Technique
- 1997- 2002 **Vancouver School Board, Artist in Residence** - various schools in the Vancouver area.
- 1995 **University of Saskatchewan**, Saskatoon, Saskatchewan, summer school
- 1989 - 1991 **Grant MacEwan College Outreach Program**, Edmonton, Alberta  
Practicuum teacher; ballet, modern, and creative dance, all ages

## Artistic Direction

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- 1993 - present **Donna Redlick Dance (see below for details)**  
Dedicated to creating and producing independent contemporary works sourced from a phenomenological approach to dance.
- 1998 - 2019 **Continuum Dance Company, Shadbolt Centre for the Arts**  
Artistic Director & founder of this community modern dance company for adults at Shadbolt. Choreographed over thirty works for the company.\* I worked as artistic director for sixteen of the companies twenty-one seasons.
- (1995 - 2014) **Youth In Motion Dance Company, Shadbolt Centre for the Arts**  
Artistic Director of children's community modern dance company. Choreographed over 20 works for the company. I worked as the artistic director for twelve seasons between 1995-2014



Continuum Dance  
'skin/ skin', 2015-2016 season

## Choreographic Hi-lights: Donna Redlick Dance

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### Surfacing (a dance film)

- 2023 "Dancing on the Edge Festival", Firehall Theatre, Vancouver  
"Collingwood Days", projected outside in courtyard, Vancouver  
"Interfaccia Digitale", short listed for film festival (Italy)



Surfacing

### Blood from Stone

- 2018 A full-length show, Scotiabank Dance Centre  
Vancouver, B.C. Nov. Dec 2018



Blood from Stone

### Surface:

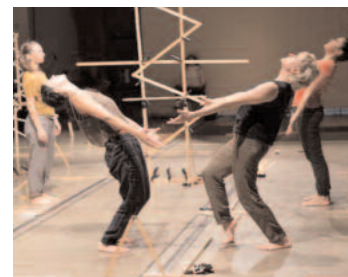
- 2017 A site specific pop up dance, Woodward's Building Atrium, Vancouver  
response to Photograph by Rui Nunes, presented at Capture Festival

### Blood Alley: Embodied Geographies (piece renamed Blood from Stone in 2018)

- 2017 International Dance Day, Shadbolt Centre for the Arts, Burnaby

### Body as Site (installation performance event)

- 2016 Shadbolt Centre for the Arts, Culture Days, Burnaby  
2015 Co-Production with Roundhouse Community Centre, Vancouver  
2015 Draw Down Festival, Community Event at Roundhouse, Vancouver  
2014 Dance Lab at Scotia Bank Dance Centre, Vancouver  
2014 International Dance Day, Shadbolt Centre for the Arts, Burnaby



Body as Site

### Choreographer for TV Pilot

- 2014 Choreographed the opening scene, a post-apocalyptic setting  
involving 24 movers/ dancers, directed by Gary Fleder, Vancouver

### Folds (and matters of the flesh)

- 2013 Presented dance film at Brockport University  
Somatic Dance Conference, NY  
2012 Trinity Laban, London, England live performance incorporating film.

### The Place Between

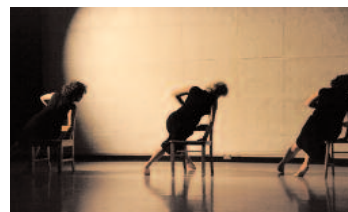
- 2011 "Dancing on the Edge Festival", Firehall Theatre, Vancouver

### 3x40, full length show

- 2010 Shadbolt Centre for the Arts, Burnaby

### sometimes it never leaves your skin

- 2008 "Open Space", International Workshop Festival, London England  
"Dancing on the Edge Festival", Firehall Theatre, Vancouver  
"Fling", Moberly Arts Centre, Vancouver  
"12 minutes Max", Firehall theatre, Vancouver



The Place Between

### Immerse; commissioned by Maindance

- 2007 "International Dance Festival", Roundhouse, Vancouver  
2006 "Fresh Tracks", Maindance year end performance, Vancouver

### défaire ; commissioned by Maindance for mentorship program

- 2005 "Downside Up", SFU Performance  
"International Dance Festival", Vancouver  
"12 Minutes Max", Firehall Arts Centre, Vancouver  
"Fresh Tracks", Maindance year end performance



Sometimes it never leaves  
your skin

## **(re)calling memory**

- 2005 Dancing on the Edge, Firehall Theatre, Vancouver
- 2004 Co-production with Shadbolt Centre for the Arts, Burnaby

## **Measured Memory**

- 2004 "12 Minutes Max", Firehall, Vancouver

## **Unfolding Memory**

- 2003 "12 Minutes Max", Firehall, Vancouver

## **Mother's Dresses**

- 2002 Firehall Arts Centre, Vancouver  
a collaboration with visual artist Sharon Kallis

## **Tracing Memory**

- 2002 "12 Minutes Max", Firehall, Vancouver

## **Whispering Bones**

- 2000 "Dancing On the Edge", Firehall, Vancouver

## **Body Stories**

- 2000 "Late Night Kiss", Performance Works, Vancouver

## **Poetry of Chaos**

- 1999 "Dancing On the Edge", Main Dance Place, Vancouver
- 1998 "Shared Ground", Studio Theatre, Shadbolt Centre for the Arts, Bby

## **Clearing Ground 2**

- 1998 "Shared Ground", Studio Theatre, Shadbolt Centre for the Arts, Bby

## **Clearing Ground 1 & Spoon River Duet**

- 1997 Dance Theatre Lab, S.F.U., Burnaby

## **Wind Women**

- 1994 Performance for Art Exhibition Opening, Cafe' du Soleil, Vancouver

## **Magic Flute In the Wind**

- 1994 A contemporary version, U.B.C. Vancouver

## **On the Edge of Falling**

- 1993 "Dancing On the Edge", Firehall Theatre, Vancouver
- "Developmental Arts Society Festival", Secret Space Theatre, Vancouver

## **Performance**

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- 2017 **Surface**, a pop up dance site specific dance, Woodward's Atrium, Vancouver
- 2014-2016 **Body as Site**, Roundhouse & Shadbolt Centre for the Arts
- 2012 **Folds (and matters of the flesh)**, Trinity Laban, London, England
- 2011 **The Place Between**, "Dancing on the Edge", Firehall, Vancouver
- 2010 **3x40** - Shadbolt Centre for the Arts, Burnaby
- 2002 **Mother's Dresses** - solo, Firehall Theatre,
- 2002 **Nijinsky Jibber Jazz**, artistic direction Jennifer Mascall, Mascall Studio
- 2000 **Body Stories** - "Late Night Kiss", Performance Works, Vancouver
- 1999 **Earth Magic** by Catherine Lee, True North Performance, Jericho Park
- 1998 **Inevitable** by Rhonda Lee Cooper  
"Shared Ground", Shadbolt Theatre, Burnaby  
"Women In View", Vancouver East Cultural Centre, Vancouver
- 1998 **Poetry Of Chaos** - "Shared Ground", Shadbolt Studio Theatre, Burnaby
- 1998 **Clearing Ground** - "Shared Ground", Shadbolt Studio Theatre, Burnaby
- 1993 **On the Edge Of Falling**  
"Dancing On The Edge", Firehall, Vancouver  
D.A.S. Festival", Secret Space Theatre, Vancouver
- 1993 **Age of Discretion** by Catherine Lee, True North Performance  
"12 min. Max.", Firehall Theatre, Vancouver  
"Dancing On The Edge", Firehall Vancouver
- 1993 **On the Edge Of Falling**  
"Dancing On The Edge", Firehall, Vancouver  
D.A.S. Festival", Secret Space Theatre, Vancouver



**(re)calling memory**



**Mother's Dresses**



**The Place Between**

## Professional Development

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- 2021 Evolving Perceptions of Fascia in Bartenieff's Movement and Bodywork - Jackie Hands/ LIMS Institute
- 2019 Body Mind Centering: Basic Neurocellular Patterns with Sonder Movement Project, Rhode Island, U.S., 49 hours  
Teachers: Amy Matthews, Walburga Glatz and Gloria Desideri
- 2019 Body Mind Centering: Senses and Perception 1 with Embody Move, London, UK, 28 hours  
Teachers: Katy Dymoke and Karin Fisher Potisk
- 2018 Body Mind Centering: Primitive Reflexes, Righting Reactions, and Equilibrium Responses with Esprit en Mouvement, Montreal, 32 hours  
Teachers: Bob Lehnber, Mariko Tanabe, and Walburga Glatz.
- 2018 Body Mind Centering Module: Ontogenetic Development with Esprit en Mouvement, Montreal, 45 hours  
Teachers: Bob Lehnber, Mariko Tanabe, and Walburga Glatz.
- 2017 Artist involved with the "Listening Lab", founded by Dr. Kathryn Ricketts, University of Regina, sharing dance practices, processes and ideas, I have been sharing my ideas on "the sensing body".
- 2015 Somatic Dance Conference, University of Coventry, England
- 2012 Somatic-based Dance Classes in London (during my MA studies) with various dance artists/ teachers: Rosemary Butcher, Eva Karczag (Trisha Brown Dancer), Scott Smith (Steve Paxton dancer), Kirsty Alexander and Gaby Agis (both Skinner Release Technique teachers).
- 2013 Somatic Dance Conference, Brockport University, NY, US, I was a presenter and I attended the conference.
- 2013 Bill Evans, Summer Intensive, Brockport University, NY, U.S
- 2010 Bill Evans, Summer Intensive, Fort Worth Texas, U.S.
- 2008 Release Technique, with Jeremy Nelson, London, England, one week of classes
- 2006 Hands-on for Movement Re-Patterning, with Peggy Hackney and Janice Meaden, Santa Barbara, CA.
- 2002 Directed Scores for Improvisation with Jennifer Mascall, Vancouver
- 2001 Creative Process, with Julia Sasso & Tedd Robinson, Vancouver
- 2000 Bill Evans Teachers' Intensive, Crimson Coast Dance, Nanaimo
- 1997 Dance Theatre Intensive: Directing & Choreography with Lee Eisler & Robin Lynn Smith, SFU.
- 1996 Solo Dance, Workshop with Jennifer Mascall and Margie Gillis, Vancouver.
- 95-98 Various Laban-based classes and workshops with Helen Walkley.
- 1993 Beginning Source, Workshop with Linda Putnam, Vancouver.
- 1991 Studied contemporary and ballet at Grant MacEwan College with: Brian Webb, Debra Shantz, Charlene Tarver, and David Adams.
- 84-86 Studied contemporary and improvisation with Linda Rubin in Saskatoon, Saskatchewan.
- 83-86 Studied and Performed within the University of Saskatchewan Dance Program with a variety of teachers