



Somatics and Dance Summer Intensive 2025

Moving in Relation: Shaping in Space

Scotiabank Dance Centre – July 7th-11th

Designed and taught by Donna Redlick

This intensive focuses on professional development and pedagogy.*

*Those who want to apply the hours from this intensive to the Dance Teacher Training Certificate Program should contact Donna to discuss.

Dance Artists, Dance Teachers, Dance Facilitators and Dance Enthusiasts with at least 2 years of dance experience/ training are welcome to register for this one week intensive.

Detailed Schedule (subject to change)

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 <i>Dance and Somatics Morning Class</i>	Space and Shape as Categories in the LBMS Framework: - Inner-Outer as theme	Exploring Kinesphere Space: Levels, Reach, Space, and Pathways Dimensions and Planes	Forming Relationships I Moving in relation with others Exploring in duets and small groups <i>integrating themes introduced Days 1 and 2</i>	Moving in Relation with objects and nature: Class I <i>integrating themes introduced Days 1-3</i>	Moving in Relation to Environment Class I
11:35-12:35	Pedagogy*	Pedagogy*	Pedagogy*	Pedagogy*	Pedagogy*
Lunch: 12:35-1:30 (55 min)					
1:30-3:00 <i>Dance and Somatics Afternoon Class</i>	Shape Body as Shape and the Modes of Shape Change	SPACE and SHAPE Shaping in the Planes with Shaping Qualities 3D – Diagonals	Forming Relationships - II - Moving in relation with Other(s) Exploring in duets and small groups <i>integrating themes introduced Days 1 and 2</i>	Moving in Relation with objects - Class II <i>integrating themes introduced Days 1-3</i>	Site Specific Dance/ Moving in Relation to Environment Class II – moving outdoors if possible
3:05-4:05	Pedagogy*	Pedagogy*	Pedagogy*	Pedagogy*	<i>Friday ends at 3:00</i>

All Pedagogy Classes bridge and discuss concepts from the class taught prior.

Register for the whole week, or just the classes that work for your schedule.

Registration Fees:

Register for entire week (all 5 days)	\$530.00
Early Bird Option 1	Register and pay by April 30th: \$450.00 (save \$80)
Early Bird Option 2	Register and pay by May 31st: \$480.00 (save \$50)
After May 31st full fee of \$530.00 applies	
Flexible registration options for those who cannot do the full week, or for those who are not interested in Pedagogy Classes	
One Full Day (Mon-Thur)	\$125.00
Friday Only (shorter day)	\$100.00
Register for 3 or 4 full days and receive a 10% discount.	
Half Day (2.5 hours)	\$65.00
Somatics and Dance Class Only - Any Day morning or afternoon (no Pedagogy Class)	\$39.00
Register for 3 or more Somatics and Dance Classes and receive 10% discount	

Registration Deadline June 14th. Please note that a min number of students is required for the intensive to run. Those from out-of-town should wait to confirm final travel arrangements after June 14th.

Payment by E transfer to donnaredlick@gmail.com

If you need to pay by Paypal please contact Donna directly at donnaredlick@gmail.com

Refund policy

Up to June 14th: refund provided minus a \$25 administration fee

June 15th -July 4th: 50% refund provided

After Friday July 4th No refund provided

During the Intensive - No refunds for missed classes

If for any reason the Intensive is cancelled due to low enrollment a 100% refund is provided.