

## Donna Redlick – Curriculum Vitae

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### Education/ Certifications/ Affiliations

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- 2022 **Master Somatic Movement Educator and Therapist\***  
International and Somatic Movement Educators and Therapists Association  
\*Master designation given to those with over 1000 hours of formal training in somatics
- 2022 **Certification - Infant Development Movement Educator (IDME)**  
Body-Mind Centering® Program, Movimiento Atlas (Spain)
- 2015 **Somatic Movement Educator and Therapist** (Initial designation)  
International and Somatic Movement Educators and Therapists Association
- 2012 **MA - in Dance Creative Practice (with distinction)** – focused on somatic dance  
Trinity Laban, in partnership with Independent Dance & Siobhan Davies Dance, London, Degree officially awarded by City University of London, UK  
Research: phenomenological approach to dance honing in on sensing in performance
- 2004 **Certification - Laban/ Bartenieff Movement Analysis (CMA)**  
Laban/ Bartenieff Institute of Movement Studies, York University, Toronto, Canada
- 1991 **Diploma in Dance Teacher Training**  
Grant MacEwan Fine Arts College (now University) Edmonton, Canada
- 1986 **BA (Sociology Major)**, University of Saskatchewan, Saskatoon, Saskatchewan, Canada

### Seminar Presentations/ Research

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- 2024 **Presenter - Somatic Dance Conference**, Port Townsend, WA.  
*Moving Empathetically Together: Shaping the Container*  
*Surfacing: somatic film showing-discussion/ touch and proprioception through the lens*
- 2017 **Guest Lecturer - University of Regina**, Theory and Seminar Series  
*“Embodied Geographies: Exploring Somatic-based Choreographic Processes in Relation to Space/ Place* (Education Department)
- 2013 **Presenter - University of Brockport, Somatic Dance Conference**  
*“Abandoning the Outline: Exploring Sensing to Folding between Inner and Outer”*
- 2013-2016  
**Conference Presenter - “School of Interactive Arts & Technology, SFU, in partnership with Emily Carr University of Art and Design**  
*“Moving Stories Project”*; Laban/ Bartenieff applications.

### Teaching/ Work Experience

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- 2015-current **Somatic Movement Coach/ Mentoring** for Various Dance Artists/ Companies;  
Raven Spirit Dance, Co.ERASGA, Starr Muranko, Carolina Bergonzoni, Luciana F. D'Anunção, to name a few.
- 2015-current **Moving Arts & Somatic Studies** (founder and sole proprietor)  
One-on-One sessions in Somatic Movement repatterning, workshops and classes in; Laban/ Bartenieff Studies, Developmental Movement, Somatic Dance, Composition and Improvisation, and Moving Empathetically Together.

- 2021-2022 **Adjunct Professor - University of British Columbia**, Vancouver, BC,  
Department of Theatre and Film, Movement for Actors - 3rd year students
- 2014 **Choreographer for TV Pilot**, *Choreographed opening scene, a post-apocalyptic scene, involving 24 movers/ dancers, directed by Gary Fleder, Vancouver*
- 2008-2017 **Core Faculty - Laban/ Bartenieff and Somatic Studies International**  
Vancouver Program 2008-2010/ Zagreb Program 2016-2017/ Janet Kaylo – director
- 1991- current **Shadbolt Centre for the Arts, Burnaby, BC**  
Dance Instructor / Artistic Director of Continuum Dance Company (1998-2019)/ Artistic Director of Youth in Motion Dance Company (1995-2014)/ Professional Development Workshops in Dance Education and Dance Composition/ Advisor to the Dance Programmer for Dance Pedagogy and Dance Planning (1991-2019)
- 2016 - 2022 **WestCoast Dance Movement Therapy (now The Movement Arc)**  
Instructor: Laban Movement Analysis, Movement Observation, Somatics
- 2020 **Langley Fine Arts School/ Guest Workshop Teacher**  
Professional Development Workshop in Developmental Movement and Dance
- 2008-2024 **British Columbia Dance Educators Association - Guest Workshop Teacher**  
2024 – Moving towards a Somatic Approach to Dance: Shifting the Paradigm  
2024 - A Somatic Approach to Choreography  
2017 - Kinesthetic Empathy and Dance, through Laban/ Bartenieff applications  
2016 - Laban Movement Concepts to support “Making Connections” in Dance  
2008 & 2010 - Integrating Laban Movement Concepts with teaching dance
- 2015 **Sessional Instructor - Simon Fraser University**, School of Contemporary Arts  
Dance Improvisation and Composition, FPA 124, Spring Session
- 2015 **Burnaby School Board**, Professional Development Workshop  
Movement Literacy: Dance and Laban Movement Analysis
- 2011 **Moberly Arts Community Centre**, Vancouver, Senior’s Dance Class
- 2009 **Roundhouse Community Arts and Recreation Centre**  
Guest teacher and choreographer with Roundhouse Community Dancers
- 2009 Instructor - **Simon Fraser University**  
Dance Diploma Program, Education Department, Field Program  
designed a 4 week course entitled “Sourcing Material for Student-Based Choreography” based on Laban concepts in direct applications to dance
- 2005/ 2007 **Sessional Instructor - Simon Fraser University**, School of Contemporary Arts,  
Dance Movement Analysis (FPA 426), Spring session 2005 and 2007
- 2004-2006 **Maindance Place**, Vancouver  
Dance Teacher and Mentor to 3rd year students
- Feb. 2005 **Burnaby School Board**, Dance Teacher Training Workshop, Laban-based
- 2003-2004 The Integration Project; **Artist in Residence at Shadbolt Centre**, Burnaby, B.C.
- 2003 **Dance Saskatchewan**, Saskatoon, Sask., Contemporary Dance Technique
- 1997- 2002 **Vancouver School Board, Artist in Residence**  
various schools in the Vancouver area
- 1995 **University of Saskatchewan**, Saskatoon, Saskatchewan, dance summer school
- 1989 - 1991 **Grant MacEwan College Dance Outreach Program**, Edmonton, Alberta  
Practicum teacher; ballet, modern, and creative dance, all ages

## Artistic Direction

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- 1993 - present **Donna Redlick Dance** (see below for choreography details)  
Dedicated to creating and producing independent contemporary works sourced from a phenomenological and somatic approach to dance.
- 1998 - 2019 **Continuum Dance Company**, Shadbolt Centre for the Arts  
Artistic Director & founder of this community modern dance company for adults at Shadbolt. Choreographed over thirty works for the company. I worked as artistic director for sixteen seasons between 1998-2019.
- 1995 - 2014 **Youth In Motion Dance Company**, Shadbolt Centre for the Arts  
Artistic Director of children's community modern dance company. Choreographed over 20 works for company. Worked as artistic director for 12 seasons between 1995-2014.

## Choreographic Hi-lights: Donna Redlick Dance

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### Surfacing (a dance film)

- 2024 Somatic Dance Conference – Port Townsend, WA. USA  
Shadbolt Centre for the Arts, International Dance Day, Burnaby
- 2023 Dancing on the Edge Festival, Firehall Theatre, Vancouver  
Collingwood Days, projected outside in courtyard, Vancouver  
Interfaccia Digitale, Film Festival, Peraro, Italy

### Blood from Stone (a full-length show)

- 2018 Scotiabank Dance Centre, Vancouver, B.C.  
2017 International Dance Day, Shadbolt Centre for the Arts, Burnaby - excerpt only

### Surface:

- 2017 Capture Festival - A site-specific pop up dance, Woodward's Building Atrium, Vancouver  
Choreographic response to Photograph by Rui Nunes presented at Capture Festival

### Body as Site (installation performance event)

- 2016 Shadbolt Centre for the Arts, Culture Days, Burnaby  
2015 Co-Production with Roundhouse Community Centre, Vancouver  
2015 Draw Down Festival, Community Event at Roundhouse, Vancouver  
2014 Dance Lab at Scotia Bank Dance Centre, Vancouver  
2014 International Dance Day, Shadbolt Centre for the Arts, Burnaby

### Folds (and matters of the flesh)

- 2013 Presented film at Brockport University, New York, USA/ Somatic Dance Conference  
2012 Trinity Laban, London, England - live performance incorporating film.

### The Place Between

- 2011 Dancing on the Edge Festival, Firehall Theatre, Vancouver

### 3x40, (a full-length show)

- 2010 Shadbolt Centre for the Arts, Burnaby

### sometimes it never leaves your skin

- 2008 Open Space, International Workshop Festival, London England  
Dancing on the Edge Festival, Firehall Theatre, Vancouver  
Fling, Moberly Arts Centre, Vancouver  
12 minutes Max, Firehall theatre, Vancouver

### Immerse; commissioned by Mairdance for mentorship program

- 2007 International Dance Festival, Roundhouse, Vancouver

- 2006 Fresh Tracks, Mairdance year end performance, Vancouver

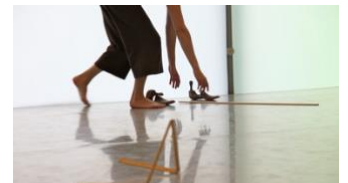
### défaire ; commissioned by Mairdance for mentorship program

- 2005 Downside Up, SFU Dance Performance – School for Contemporary Arts  
International Dance Festival, Vancouver  
12 Minutes Max, Firehall Arts Centre, Vancouver  
Fresh Tracks, Mairdance year-end performance, Vancouver

### (re)calling memory



Surfacing



Body as Site



Sometimes it never leaves the skin

2005 *Dancing on the Edge*, Firehall Theatre, Vancouver  
2004 (full length show) Co-production with Shadbolt Centre for the Arts, Burnaby

**Measured Memory**

2004 *12 Minutes Max*, Firehall, Vancouver

**Unfolding Memory**

2003 *12 Minutes Max*, Firehall, Vancouver

**Mother's Dresses**

2002 Firehall Arts Centre, Vancouver  
a collaboration with visual artist Sharon Kallis

**Tracing Memory**

2002 *12 Minutes Max*, Firehall, Vancouver

**Whispering Bones**

2000 *Dancing On the Edge*, Firehall, Vancouver

**Body Stories**

2000 *Late Night Kiss*, Performance Works, Vancouver

**Poetry of Chaos**

1999 *Dancing On the Edge*, Main Dance Place, Vancouver

1998 *Shared Ground*, Studio Theatre, Shadbolt Centre for the Arts, Burnaby

**Clearing Ground 2**

1998 *Shared Ground"*, Studio Theatre, Shadbolt Centre for the Arts, Burnaby

**Clearing Ground 1 & Spoon River Duet**

1997 *Dance Theatre Lab*, S.F.U, Burnaby

**Wind Women**

1994 *Performance for Art Exhibition Opening*, Cafe' du Soleil, Vancouver

**Magic Flute In the Wind**

1994 *A contemporary version*, U.B.C. Vancouver

**On the Edge of Falling**

1993 *Dancing On the Edge*, Firehall Theatre, Vancouver  
*Developmental Arts Society Festival*, Secret Space Theatre, Vancouver

**Performance**

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2017 *Surface*, a pop-up dance site specific dance, Woodward's Atrium, Vancouver

2014-2016 *Body as Site*, Roundhouse & Shadbolt Centre for the Arts

2012 *Folds (and matters of the flesh)*, Trinity Laban, London, England

2011 *The Place Between*, *Dancing on the Edge*, Firehall, Vancouver

2010 *3x40* - Shadbolt Centre for the Arts, Burnaby

2002 *Mother's Dresses* - solo, Firehall Theatre, Vancouver

2002 *Nijinsky Jibber Jazz*, artistic direction Jennifer Mascall, Mascall Studio, Vancouver

2000 *Body Stories* - *Late Night Kiss*, Performance Works, Vancouver

1999 *Earth Magic*, choreography by Catherine Lee, True North Performance, Jericho Park

1998 *Inevitable*, choreography by Rhonda Lee Cooper

*Shared Ground*, Shadbolt Theatre, Burnaby

*Women In View*, Vancouver East Cultural Centre, Vancouver

1998 *Poetry Of Chaos* - *Shared Ground*, Shadbolt Studio Theatre, Burnaby

1998 *Clearing Ground* - *Shared Ground*, Shadbolt Studio Theatre, Burnaby

1993 **On the Edge Of Falling**

*Dancing On The Edge*, Firehall, Vancouver

*D.A.S. Festival*, Secret Space Theatre, Vancouver

1993 **Age of Discretion**, choreography by Catherine Lee, True North Performance

*12 min. Max.*, Firehall Theatre, Vancouver

*Dancing On The Edge*, Firehall Vancouver

1993 **On the Edge Of Falling**

*Dancing On The Edge*, Firehall, Vancouver

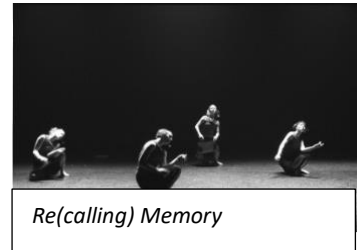
*D.A.S. Festival*, Secret Space Theatre, Vancouver

**Awards/ Grants**

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2011 Trinity Laban, London, England, recipient of bursary

2003 Canada Council, Professional Development Grant



Re(calling) Memory



The Place Between

2003 B.C. Arts Council, Professional Development Grant  
1990 Edmonton Northlands Endowment, recipient of bursary  
1990 Grant MacEwan Dance Program Award, recipient of scholarship